

Redirecting Children's Behavior

*From Toddlers to
Teenagers: A Positive
Approach to Parenting*



Peace Begins at Home



Challenges Facing Children and Families:

The increase in two-career couples and single parents has made parenting a greater challenge. Parents want close, loving and empowering families. Families should be a source of rejuvenation, fun and encouragement. If this is what you want, this course is for you.

- The average child in America receives only 12.5 minutes per day in communication with his/her parents.
- On the average a child receives 400 negative comments compared to only 32 positive comments per day.
- In a study of children ages 1-12, the single most important determinant of children's self-esteem is the perception of how much they are valued by their parents.



Do You Recognize One of These Children?

- A Teenager Who Breaks The Rules
- A Toddler Who Demands Your Attention
- Siblings Who Fight
- The Bully Who Pushes Others Around
- The Whining Child Who Says "I Can't"
- A Child Wanting to be The Center of Attention
- A Child Who Gets into Power Struggles

Do you want to be a more positive, effective parent or better at dealing with children through your work?

This Course is For You!

Children create a tremendous challenge for adults. Effective strategies for today's adult/child relationships can make parenting a lot more fun. INCAF offers the "Redirecting Children's Behavior" course to deal with the stresses in today's family.

Parents, teachers, grandparents, healthcare workers, counselors, foster parents and anyone who relates to children can use this course.



Redirecting Children's Behavior

This is a powerful course that teaches practical parenting skills. The course atmosphere is supportive, non-judgmental and loving. Learn how to build mutual respect, resolve conflicts and create effective teamwork at home and at work.

Participants learn to:

- Resolve conflicts without power struggles.
- Focus on the problem without judging the child.
- Allow children to solve their own problems, offering them guidance when needed.
- Plan for "genuine encounters" with children, away from the television and the telephone.
- Replace negative motivational messages (guilt, nagging, threats, bribes) with positive messages.
- Assist children in becoming self-sufficient, responsible and self-confident.
- Use techniques for dealing with stress at home.

And discover much, much more...

- Tips that will make parenting more fun.
- Lessons on how to work as a unified couple.
- Over 100 effective, empowering parenting tips.

You Receive More Than A Course

Exceptional Materials

Every student attending "Redirecting Children's Behavior" classes takes home exceptional materials they can refer to forever.

- *Redirecting Children's Behavior* Book
- *Redirecting Children's Behavior* Workbook

On-going Support Groups for the RCB Course

Every graduate of our parenting courses is invited to participate in follow-up courses which will keep them focused on the skills they learned!

Support from a Strong International Organization

Over 350 instructors are teaching "Redirecting Children's Behavior" around the world through the International Network for Children and Families. INCAF was developed almost twenty years ago after the publication of *Redirecting Children's Behavior* by Kathryn Kvolcs and Bill Riedler. The book, resulting course, and international organization are based on the teachings of psychiatrists Alfred Adler and Rudolf Dreikurs.

Other Benefits

- A free ticket to an advanced course
- Continuing Education Credits (If Applicable)

What You Learn in 5 Sessions



SESSION 1

- Prevent Sibling and Peer Rivalry
- Replace Fighting with Negotiation and Cooperation
- Teach Children to Resolve Their Own Conflicts
- Understand a Child's Behavior and How It Relates to Birth Order

SESSION 2

- Teach Children Respect and Responsibility
- Discover Ways to Create a Self Motivated Child
- Explore How Parenting Methods Affect Children
- Offer Choices so that Your Child can Make Healthy Decisions

SESSION 3

- Understand Why a Child Misbehaves
- Learn Specific Techniques That Work for Each Goal of Misbehavior
- Find Out How to Build a Child's Self-Confidence

SESSION 4

- Teach Self Control
- Find Ways to Hold Children Accountable for Their Actions
- Application of Natural and Logical Consequences to Behavior

SESSION 5

- How to Win the Other Parent's Cooperation
- Planning for Family Meetings
- Opening Communications Between All Family Members

How the Course Unfolds

The course is usually held for three hours an evening over five weeks. Participants practice hands-on techniques through role-playing and group interaction. Every week each participant takes home an assignment to practice the new technique.